

# April 27-April 30 PM Session

	Monday	Tuesday	Wednesday	Thursday
Reading and Writing	Put shaving cream or whipped cream on a tray and help your child write letters or shapes. *See Seesaw sugar letter tracing <a href="https://app.seesaw.me/#/login">https://app.seesaw.me/#/login</a>	Look at a book together and have your child pat or point to pictures. Kissing Hand Read aloud: <a href="https://storylineonline.net/books?p=1039">https://storylineonline.net/books?p=1039</a>	Do rainbow name writing practice or have your child trace their name with a finger or crayon.	Draw a person. You can do this with your child hand-over-hand and label the parts aloud as you draw.
Communication	Practice labeling locations of items. Ex: The cups are in the cupboard. The jacket is hanging in the closet. The spoons are in the drawer.	Have your child practice saying "yes" or "no". Show them a familiar item or person and ask them, "Is this_____" and then you can answer "yes" or "no" verbally and by nodding or shaking head.	Have your child request a snack by requesting with a full sentence. "I want more crackers, please" is the goal. If your child is using just one or two words to request, model using 3 words. (More crackers, please.)	Label verbs of actions today as you play or make a meal. Ex: I am opening the container. I am stirring the soup. I am pouring the milk. You also can ask your child to label what you are doing ask you do it.
Math	Count objects up to 10 (or higher if your child is ready).	Show child page of circle and squares. Ask your child to point to a circle and then ask them to point to a square. You also can ask them to show you a BIG circle or SMALL square, etc. *Seesaw Account: Comparing size of shape activity (assigned to go out 4/28/2020 at 8am)	Count steps while walking through the house or outside.	"Measure" 5 objects in your house using a ruler, spoon, pencil, etc. Talk about whether the object is longer or shorter.
Sensory	See reading and writing activity: shaving cream/whipped cream tray.	Put a little rice or oatmeal or flour in a bowl and let your child stir it with a spoon or scoop with a cup.	Freeze an object (small toy, fake jewelry) in a cup of water and let your child pour warm water on it to melt it.	Collect some objects from outside to let your child play with in a bowl- leaves, sticks, flower petals, etc.
Fine Motor/Craft	Have your child take stickers off of a sticker sheet and put them onto paper. If your child needs you to help start peeling the sticker, that's fine!	Craft: Seesaw account for visual directions- umbrella	String beads/cereal. If your child is unable to put the bead onto the string, then have them push the bead along the string to meet the other beads.	Use some kind of tongs (BBQ tongs work great), have your student pick up items with tongs *Seesaw Account for visual directions with an ice cube tray
Gross Motor	Have your child waddle like a duck and flutter like a butterfly. (See video in Seesaw)	Practice bear crawls. (See video in Seesaw)	Blow bubbles together and chase them to pop them.	If you have access to stairs, count while climbing up and down. If you don't have stairs, then count while taking steps.
Social Skills/ Behavior	Play a game with turn taking or play with toys (stacking blocks, putting pieces in a puzzle, etc). Label the	Practice taking 3 deep breaths. Then when your child is upset, you can remind them to take a deep breath. *Seesaw: Calm Down Choices visual	Have your child make a card or picture for someone in the family. Have your child give the picture to the person or you can mail it to	Use Freeze Dance on Super Simple Songs or practice GO and STOP while running/walking or dancing.

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	turns as you go. ("It's MY turn...now its YOUR turn...')		another family member. Talk about how happy the other person will be when they receive the picture.	<a href="https://www.youtube.com/watch?v=2UcZWXvgMZE">https://www.youtube.com/watch?v=2UcZWXvgMZE</a>
Self Help Skills	Have your child try to put on his/her own coat or hoodie. Put the hood on your child's head and see if they will reach around to put sleeves on independently.	Help your child wipe the counter or table after the meal.	Have your child put their shoes on before you go outside.	Have your child help put away clothes in drawers.